

## Food and Family Questions

1. Consider the interplay between food and family in your own life. Describe a family event that involves food. Do you have any family traditions that include religious practices as well as the preparation or consumption of food? Why is this important, or not important, to your family members?
2. Identify some of the messages that you see depicted in this photo essay involving food, family, religion and culture.
3. Explore the challenges and the opportunities that arise for immigrant families as they strive to maintain their ethno-religious identities in a new environment that may, or may not, be supportive of them.
4. Based on the photo essay and the interview with Naz, describe some of the ways that this Muslim family have responded to those challenges you just identified in the previous question.